



We welcome you to join us for the NLN Clinical Focus Group on Compression facilitated by Kelly Uanino, OTR/L, CLT-LANA.

Please join Kelly in discussing various compression options and challenges in the clinical setting. All lymphedema therapists of varying settings, geographic location, and discipline are welcome.

We encourage submission of questions or topics for discussion via email at continuingeducation@lymphnet.org.

These are not recorded, therefore they are not accessible at a later date.



Kelly Uanino is a registered and licensed occupational therapist who earned a Bachelor of Arts degree from Rutgers University in 2005 and a Master of Occupational Therapy degree from the University of St. Augustine in 2011. Prior to becoming an occupational therapist, Kelly worked as a social worker, special education teacher, and project manager at Duke University. Since becoming an occupational therapist, Kelly has worked in several settings including neurological outpatient, subacute inpatient, orthopedic outpatient, and more recently has specialized in oncology rehabilitation. She is both a certified lymphedema therapist and oncology rehab certified. Kelly is a co-owner and a treating therapist at BeStrong Therapy Services, an oncology rehab cash-based private practice. Kelly enjoys educating clients on how best to care for

themselves, giving presentations on oncology rehab and lymphedema therapy, and advocating for the betterment of occupational therapy as well as teaching patients how to become health advocates for themselves and their loved ones. In her personal time, she enjoys spending time with her husband and two children, reading, and going with her family on hiking trips to the mountains.