

We welcome you to join us for the NLN Clinical Focus Group on Oncology facilitated by

Donald Thomas, Jr, PT, DPT, CLT-LANA, CWT &

Tia Gray, PTA, CLT, CWT.

Join Donald and Tia to discuss clinical cases, challenges, techniques, and more while working in the setting of oncology. All lymphedema therapists of varying settings, geographic location, and discipline are welcome.

We encourage submission of questions or topics for discussion via email at continuingeducation@lymphnet.org.

These are not recorded, therefore they are not accessible at a later date.



Donald Thomas has been a physical therapist for about 9 years, and a Lymphedema therapist for about 8 years. Throughout his professional career, Donald has been able to treat a wide variety of patients within his time of being a physical therapist who specializes in lymphedema. He was certified as a lymphedema therapist through the Norton School of Lymphatics in 2014, and recently received his official wound care certification from the SAWC in 2021. Currently, Donald works as a Lymphedema and Wound Care therapist with Good Shepherd Penn Partners, treating a multitude of simple and complex patients with lymphedema and potential lymphatic deficits. He also co-hosts a virtual Lymphedema support group, which occurs monthly, covering a plethora of topics relating to lymphedema, treatment, and education for patients and caregivers. Donald thoroughly enjoys what he does, and continues to learn more in the realm of lymphedema to be of service to those he is fortunate enough to treat for their lymphatic dysfunction.



Tia Gray attended the University of Pittsburgh for undergraduate studies, and went on to receive her Associates Degree from Harcum College. Tia received her first Lymphedema Certification in 1996, (Leduc Method) and then completed more extensive training in 2006, (Vodder Method). Tia obtained her Wound Care Certification in 2021. She has worked for NovaCare for 25 years as a PTA and CLT. In 2018, Tia joined Good Shepherd Penn Partners as a PTA, CLT specializing in Lymphedema. Outside of work, Tia enjoys running, and is a Certified Personal Trainer, USATAF Certified, and a race director and coordinator for many races in Philadelphia. Tia has completed 32 Marathons and 30 half Marathons. Running is a sport Tia picked up from her father.