



We welcome you to join us for the NLN Clinical Focus Group on Research
facilitated by
Shelley DiCecco, PT, PhD, CLT-LANA, CI-CS

Please join Shelley in discussing current and developing research in the field of lymphology. All lymphedema therapists of varying settings, geographic location, and discipline are welcome.

We encourage submission of questions or topics for discussion via email at continuingeducation@lymphnet.org

These are not recorded, therefore they are not accessible at a later date.



Dr. Shelley Smith DiCecco founded LymphEd in 2017. She received her Master of Physical Therapy Degree from the University of St. Augustine in January of 2000. She became a Woman's Health Specialist for Pelvic Floor Disorders in 2000 and a Certified Lymphedema Therapist in the CasleySmith Method in 2001. Dr. DiCecco received her PhD from Texas Woman's University in the Philosophy of Physical Therapy in 2012. Her research and dissertation were on treatment techniques for females with genital lymphedema with or without lower extremity involvement. Dr. DiCecco completed her Lymphology Association of North America (LANA) Certification in 2013 and her training as a Casley-Smith International Certified Instructor in 2016. Dr. DiCecco assisted with or led several continuing education courses, conferences, and seminars, as well as presented at community events on lymphedema, pelvic floor disorders, and other orthopedic conditions over the years, both nationally and internationally. She has published articles on lymphedema and pelvic floor disorders. Dr. DiCecco is working on several studies currently from qualitative cadaveric research, quality of life tools, and perceived confidence in evaluating/treating lymphedema by medical professionals.

The aim of these studies is to improve the knowledge for the medical community and treatment options for patients. Dr. DiCecco contributed a chapter in *The Puzzle*, a book on lymphedema. Dr. DiCecco developed the lymphedema and pelvic floor service lines for the Sports Rehabilitation Center in Atlanta, Georgia. She currently is Director of the two programs and treats patients several hours a week at the Brookhaven location. Dr. DiCecco is on faculty as an Assistant Professor at the Georgia's Campus for the Philadelphia College of Osteopathic Medicine in the Physical Therapy Department. Dr. DiCecco joined the board for a non-profit organization, the Lighthouse Lymphedema Network (LLN) in 2002 and she is the lead Grant Writer for the organization. She is a member of the American Physical Therapy Association and its Oncology, Women's Health, and Education Sections and is a member of the Lymphology Association of North America. She is the Vice President for the Casley-Smith International Lymphedema Instructor board.