



Amy Rivera

Amy Rivera is a resilient advocate, inspirational speaker, and author dedicated to empowering individuals living with lymphedema and other chronic conditions. As the Founder of Ninjas Fighting Lymphedema Foundation and Rivera Hybrid Solutions, she has made it her mission to provide support and resources to those in need. Through her compelling journey, she has become a prominent voice in the lymphedema community, sharing her experiences and insights to raise awareness and foster a sense of community.

Amy's expertise extends beyond advocacy work. She has developed innovative resources, including the renowned "Lymphedema Blueprint" course, equipping individuals with knowledge and tools to manage their condition effectively. Her background in healthcare further enhances her ability to provide valuable guidance and support.

As a sought-after speaker, Amy captivates audiences with her personal stories of resilience and triumph. Her ability to connect on a deep emotional level leaves a lasting impact, sparking meaningful conversations about the importance of emotional well-being and self-care.

Amy is also the author of the award-winning memoir "Drop The Skirt - How My Disability Became My Superpower," which received recognition from the Indie Book awards. Her book serves as a source of inspiration for individuals navigating their own challenges, offering practical insights and heartfelt encouragement.

Through her work, Amy Rivera continues to be a beacon of hope and positivity, reshaping the narrative around chronic conditions. With her unwavering commitment to making a difference, she empowers individuals to thrive and live fulfilling lives despite their circumstances.