



Vail Fassett, MOT, CLT-LANA, LMT

Vail is a 1982 graduate of the University of Texas (Austin) and completed her Master of Occupational Therapy Degree at Texas Woman's University in 1987. She immediately began her clinical practice in pediatrics. She received extensive training in Myofascial Release (MFR) and Craniosacral Therapy (CST) and has incorporated these manual techniques into her clinical practice since 1992. She completed the 8-week Pediatric NDT Certification in 1993, and Sensory Integration Treatment training in 1996. Vail obtained her TX Massage License in 1999, eventually incorporating infant/pediatric and oncology massage into her clinical practice as an OT, CLT, LMT.

In 2002, Vail completed her CLT training through the Dr. Vodder School International and achieved her LANA National Certification in 2004. Since 2002, her clinical practice has been divided between working as an OT/Lymphedema Clinical Specialist at Texas Health Resources Presbyterian Hospital/Dallas, and Private Practice. She received her STAR Oncology Certification during that time.

In 2020, Vail transitioned into a full-time Private Practice setting, specializing in treating oncology (including head and neck), secondary and congenital lymphedema, pre & post-op plastic surgery, as well as vascular/phlebolympedema, providing personalized treatment, education, and instruction for self-care management.

Vail has been a guest lecturer at NLN Conferences, Lymphedema Seminars, North Texas Association of Neonatal Nurses (NTAAN), Texas Health Resources and the California Kaiser Group of OT/PT clinicians on the topics of Elastic Taping, Lymphatic Taping, Pediatric Lymphatic Pathologies and Head and Neck Cancer-Related Lymphatic Pathologies, Challenges and Treatment Strategies. For the past 3

summers, Vail has participated in and provided MLD/CDT and classroom education at Camp Watch Me, a camp for children with Lymphedema.

Vail received her Expert Clinician designation in October 2023. She is also a member of the American Vein and Lymphatic Society (AVLS) and the National Lymphedema Network (NLN) and the Lymphology Association of North America (LANA).

In her free time, Vail enjoys spending time with her family and friends, being outdoors, hiking and gardening, baking, painting, making jewelry and reading.