

# 2024 nln Conference - Evolving Lymphatic Concepts

Virtual (Part I) September 14-15

In-Person (Part II) October 5-6 Kansas City, MO

## Virtual Conference - Part I

**September 14, 2024** 

11:00 am	Welcome	
11:15 am	Anatomical Research of the Lymphatic System	D Singhal
12:15 pm	How May We Be Able to Beat Alzheimer's Disease with Supermicrosurgery?	W Chen
1:00 pm	Break / Exhibit Hall	
2:00 pm	Meningeal Lymphatics – The Brain's Sink	J Kipnis
2:30 pm	Practical Applications for Neuro-Lymphatic Therapy-An Overview	C Recupero
3:30 pm	Neurolymphatic Drainage Case Studies on Post Concussion Syndrome, Migraine & Other Brain Injuries or Neurologic Disorders	T Prine
4:00 pm	Sponsored Break	
4:45 pm	Practice Barriers and the Promotion of Health Equity in Lymphedema Therapy	B Beckwith
5:15 pm	Exploration of Provider Engagement and Perceptions Related to Advocacy and Policy	T Price
5:45 pm	Advocating for 5x/week CDT	L Hodgkins
6:15 pm	Supporting Patient Advocacy for Treatment	A Granzow
7:00 pm	End of Day 1	

### Virtual Conference - Part I September 15, 2024

11:00 am	Welcome	
11:15 am	Lipedema Overview & Management Strategies: Resources for Clinicians	C Mascio
11:45 am	Lipedema Research - Pain	T Hucho
12:15 pm	Lipedema Reduction Surgery Improves Pain, Mobility, Physical Function and Quality of Life	T Wright
1:00 pm	Break / Exhibit Hall	
2:00 pm	Achieving Great Results with Lymphedema and Lipedema Surgeries	J Granzow
3:00 pm	Integrating Modalities to Expedite Fibrosis and Perfection to Improve Long Term Outcomes Usin Cold Laser, Extracorporeal Shockwave Therapy, Manual Techniques	g I Bell
4:00 pm	Sponsored Break	
4:45 pm	Shake It Up: Evolving Your Lymphatic Practice w Deep Oscillation Therapy	ith R Brannan, A MacKenzie
5:15 pm	Stretching the Limits of Elastic Taping for Lymphedema	R Coopee
5:45 pm	Understanding and Treating Scar Tissue and its Implications in Lymphedema Management	K Marshall
6:15 pm	Shifting Prospectives: Incorporating Dry Needling into Lymphatic Management	M Buss, A Newell
7:00 pm	Closing Remarks	Schedule subject to change



#### October 5-6, 2024

Attendees are split into 4 groups, and will rotate through each of the following sessions:

Session	Instructor	Length	
Deep Oscillation	R Brannan & A MacKenzie	3.25 hours	
Soft Tissue Mobilzation	K Marshall	3.25 hours	
Low Level Laser	L Bell	1.5 hours	
Negative Pressure	L Boyd	1.5 hours	
Elastic taping	R Coopee	3.25 hours	

#### Daily Schedule - Sample

8:00 am	Check In / Exhibit Hall	1:45 pm	Session #2
8:30 am	Session #1	3:30 pm	Break / Exhibit Hall
10:00 am	Break / Exhibit Hall	4:00 pm	Session #2 (cont.)
10:30 am	Session #1 (cont.)	5:45 pm	Sponsored Session
12:00 pm	Sponsored Session	6:00 pm	End of Day
12:15 pm	Break / Exhibit Hall		